



## Passionate Vegetarian

By Crescent Dragonwagon

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### Passionate Vegetarian By Crescent Dragonwagon

Introducing a new voice in vegetarian cooking. Packed with 1,000 recipes that are seductive, sexy, and utterly delicious, *Passionate Vegetarian* covers all the bases of meatless cooking, from east (Stir Fry of Asparagus with Black Bean-Ginger Sauce), west (Talk of the Town Barbecued Tofu), from the Mediterranean (Swiss Chard with Raisins, Onions & Olives) to the American South (Black-Eyed Pea Ragout). You'll find lush lasagnas; plump pierogies; bountiful burgers, beans, and breads; pleasing pasta and pies. You'll spoon up soups and stews, and delight in desserts from simple to swoonworthy.

Written by longtime vegetarian Crescent Dragonwagon, author of *Dairy Hollow House Soup & Bread Cookbook*, *Passionate Vegetarian* employs innovative methods (try "Ri-sort-ofs," in which risotto technique is used to create splendid, richly flavored grain dishes built around not just rice but also barley, buckwheat, spelt, and even toasted oats with an array of seasonings) and introduces lesser-known ingredients (get to know and love not just tofu and tempeh but a whole new generation of soyfoods, as well as "Quick Fixes" like instant bean flakes). Opinionated, passionate, and deeply personal, Ms. Dragonwagon's tantalizing headnotes will have readers rushing to the kitchen to start cooking. (Can her over-the-top Garlic Spaghetti really be that good? It is.)

Whether you're a committed vegetarian, a dedicated vegan (most recipes offer low-fat and vegan options), or a food-loving omnivore in search of something new and wonderful, this is not just vegetarian cooking--but cooking, period--at its most creative, inspiring, and exuberant.

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## Passionate Vegetarian By Crescent Dragonwagon Bibliography

- Sales Rank: #438624 in Books
- Published on: 2002-10-14
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x 2.25" w x 8.00" l, 4.30 pounds
- Binding: Paperback
- 1120 pages

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### Editorial Review

#### Amazon.com Review

Crescent Dragonwagon shares a wealth of recipes and memories with humor and intelligence in her extraordinary *Passionate Vegetarian*. She promises that "here you will be well fed, well loved, well tended to, satisfied," and 1,000-plus recipes later, that's exactly what's delivered.

For 18 years Dragonwagon owned and ran a country inn, where she fed glorious food to everyone including vegetarians, diabetics, the lactose intolerant, and people with food allergies. But the real draw here is that this is vegetarian cooking for everyday living. Ingredient lists are always reasonable and understandable; you won't have to search high and low for something esoteric that'll make or break a recipe. This is comfort food that's easy to prepare, and that deprives you of nothing. If you're not a full-time vegetarian, this is the biggest book of potential starters and side dishes you'll ever see.

Dragonwagon's "swoon-worthy, knock-your-socks-off, delicious food" includes hors d'oeuvres; salads; soups; stews; layered dishes; dishes that star grains, beans, or soy; recipes for every vegetable imaginable; burgers and patties; quick dishes; and desserts. From the simple Melissa's Spinach Casserole and Susie Pryor's beautifully impressive "Perfectly Delicious" Stuffed Acorn Squash to the vibrant Stir-Fry of Asparagus with Black Bean-Ginger Sauce and Mr. Panseer's North-Indian-Style Spinach, Dragonwagon offers flavors and cooking techniques from all over the world--everything from old favorites to new twists. With notes on "cooking, eating, loving and living fearlessly," there's a lot to learn here, and it's not just about vegetables. --*Leora Y. Bloom*

#### From Library Journal

For many years, Dragonwagon and her husband ran an inn in the Ozarks of Arkansas, and two previous cookbooks, *The Dairy Hollow House Cookbook* and *Dairy Hollow House Soups and Breads: A Country Inn Cookbook*, grew out of that experience. Despite having been a vegetarian for decades, Dragonwagon did not feature vegetarian fare at the inn or in her earlier books. This big, exuberant book marks her foray into the cooking closest to her heart, with more than 1000 recipes, from "Welcoming Hors d'Oeuvres" to "Just Desserts." Dragonwagon is indeed a passionate vegetarian, and adjectives like sensual and voluptuous appear in many of her recipe notes. Her food is boldly seasoned and draws from a variety of cuisines. In addition to the recipes, she includes hundreds of boxes and sidebars on ingredients and myriad other subjects; the vegetable chapter, for example, features an A-Z guide to her favorites. There is also a chapter called "Quick Fix," with recipes and suggestions for no-fuss meals. Many of the other recipes offer suggestions for easy variations. Deborah Madison's huge *Vegetarian Cooking for Everyone* came first, and it and Dragonwagon's book cover similar ground by virtue of having the same topic, but there is little overlap in terms of recipes. With vegetarian cooking more popular than ever, most libraries will want *Passionate Vegetarian*, too. Highly recommended.

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#### Review

"A complete and all-purpose vegetarian cookbook for any time of year." -- *Cincinnati Enquirer*

"Don't limit this cookbook just to vegetarians on your list; it deserves a place in every kitchen. -- *The Christian Science Monitor*

"How often do you come across a cookbook, vegetarian or otherwise, where every page has something worth

exploring." -- *Seattle Times*

"If there is one book that will encourage you to stay home and cook this winter, it is *Passionate Vegetarian*."  
-- *Newsday*

## **Users Review**

### **From reader reviews:**

#### **Esther Price:**

Why don't make it to become your habit? Right now, try to ready your time to do the important act, like looking for your favorite publication and reading a reserve. Beside you can solve your condition; you can add your knowledge by the guide entitled *Passionate Vegetarian*. Try to stumble through book *Passionate Vegetarian* as your buddy. It means that it can to get your friend when you sense alone and beside associated with course make you smarter than in the past. Yeah, it is very fortunated for you personally. The book makes you much more confidence because you can know almost everything by the book. So , we need to make new experience in addition to knowledge with this book.

#### **Mary Manzo:**

Book is to be different for every grade. Book for children right up until adult are different content. To be sure that book is very important for people. The book *Passionate Vegetarian* had been making you to know about other understanding and of course you can take more information. It is rather advantages for you. The guide *Passionate Vegetarian* is not only giving you more new information but also to be your friend when you sense bored. You can spend your spend time to read your publication. Try to make relationship with all the book *Passionate Vegetarian*. You never feel lose out for everything in the event you read some books.

#### **Antonio Beeler:**

People live in this new day of lifestyle always attempt to and must have the extra time or they will get lots of stress from both lifestyle and work. So , if we ask do people have extra time, we will say absolutely of course. People is human not only a robot. Then we inquire again, what kind of activity do you have when the spare time coming to you actually of course your answer can unlimited right. Then do you try this one, reading publications. It can be your alternative in spending your spare time, the actual book you have read is *Passionate Vegetarian*.

#### **Bryan Foxworth:**

What is your hobby? Have you heard which question when you got students? We believe that that issue was given by teacher to their students. Many kinds of hobby, Every individual has different hobby. And you also know that little person like reading or as reading become their hobby. You have to know that reading is very important along with book as to be the issue. Book is important thing to incorporate you knowledge, except your teacher or lecturer. You discover good news or update about something by book. Amount types of books that can you go onto be your object. One of them are these claims *Passionate Vegetarian*.

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