



Hypnotic Gastric Band: The New Surgery-Free Weight-Loss System

By Paul McKenna Ph.D.

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The New Surgery-Free Weight-Loss System

Do you want to lose weight?

Have you tried diets and failed?

Do you want a completely new approach?

Then let Paul McKenna help you!

A gastric band is a radical surgical operation that reduces the available space in the stomach. Dr. McKenna's Hypnotic Gastric Band is a psychological procedure that can help to convince the unconscious mind that a gastric band has been fitted, so the body behaves exactly as if one were physically present.

Why does it work so well?

Along with the book, the system contains audio and video sessions to provide complete support for physical and psychological change while you lose weight. There's no physical surgery, no scarring, and no forbidden foods. Just follow all the instructions and let Paul help you lose weight.

“An amazing new approach that promises weight loss for good!”

— Dr. Ronald Ruden, M.D., Ph.D.

“Dr McKenna’s system offers people a safer, non-invasive method of significant weight loss.”

— Professor Michael Carmi, M.D., Ch.B.

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Hypnotic Gastric Band: The New Surgery-Free Weight-Loss System By Paul McKenna Ph.D. Bibliography

- Sales Rank: #598099 in Books
- Brand: Hay House Inc
- Published on: 2016-01-05
- Released on: 2016-01-05
- Original language: English
- Number of items: 1
- Dimensions: 8.40" h x .50" w x 5.50" l, .0 pounds
- Binding: Paperback
- 144 pages



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Editorial Review

About the Author

Paul McKenna, Ph.D., is described by Ryan Seacrest as “a cross between the Dr. Phil and Tony Robbins of Britain.” Recently named by the *London Times* as one of the world’s leading and most important modern gurus, alongside Nelson Mandela and the Dalai Lama, he is Britain’s best-selling nonfiction author, selling 8,000 books a week in 35 countries—a total of 8 million books in the last decade. He has worked his unique brand of personal transformation with Hollywood movie stars, Olympic gold medalists, rock stars, leading business achievers, and royalty. Over the past 20 years, Paul McKenna has helped millions of people successfully quit smoking, lose weight, overcome insomnia, eliminate stress, and increase self-confidence. Dr. McKenna has appeared on *The Dr. Oz Show*, *Good Morning America*, *The Ellen DeGeneres Show*, *Rachael Ray*, *Anderson Live*, and *The Early Show*. He is regularly watched on TV by hundreds of millions of people in 42 countries around the world. He currently hosts his own TV show on Hulu, where he interviews the most interesting people in the world. His guests include Simon Cowell, Harvey Weinstein, Rachael Ray, Sir Roger Moore, Roger Daltrey, Tony Robbins, Paul Oakenfold, and Sir Ken Robinson. Website: www.mckenna.com

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