



## Becoming Myself

By Stasi Eldredge

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**Becoming Myself** By Stasi Eldredge

**God has dreams—just for you**

*Becoming Myself* is a hope-filled book for anyone who wonders if her life will ever change—if *she* will ever change. In Stasi Eldredge’s most intimate book yet, she shares her own struggles with self-worth, weight, and her past as she shows readers how God is faithfully unveiling who we truly are.

Stasi urges you to lay down your past thoughts about yourself and receive God’s incredible dreams for you instead. We cannot heal ourselves. We cannot become ourselves by ourselves. But we are not by ourselves.

The King of love wants to help us *become*. God desires to restore us—the real us. As he heals our inner life, he calls us to rise to the occasion of our lives. The most important journey any woman can take is the journey into becoming her true self through the love of God.

It’s a beautiful paradox. The more of God’s you become, the more yourself you become—the “self” he had in mind when he thought of you before the creation of the world.

Discover your truest self—the woman God created you to be—in *Becoming Myself*.

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## Becoming Myself By Stasi Eldredge Bibliography

- Sales Rank: #231344 in Books
- Brand: David C Cook
- Published on: 2013-09-27
- Released on: 2013-09-27
- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x 1.00" w x 6.25" l, 1.00 pounds
- Binding: Hardcover
- 256 pages

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### Editorial Review

#### From Publishers Weekly

With a writing style that makes the reader feel she is having an intimate chat over coffee with a close friend, Eldredge, who co-authored the bestselling *Captivating* and *Love and War* with her husband John, goes solo for this journey to the development of life-changing self-esteem. She offers practical ways to embrace the unique dream God has for each woman's life regardless of past mistakes or present feelings of inadequacy. Transformation must happen from the inside out, she says, but until women can see themselves through God's eyes, it won't happen. She offers humor, liberating insights, biblical lessons, and insightful imagery colored by blunt talk and brutally honest personal examples—including her battles with weight gain—to encourage women to see themselves in a different light. The conversation rambles as chats between friends do, but focus can become foggy. Study notes at the end of chapters or in the rear of the book might have been helpful tools for pulling concepts together and providing ways for digesting more of this meaty food for thought. Agent: Curtis Yates, Yates & Yates. (Aug.)

#### From the Back Cover

### God Is Transforming You

Do you have an area of your life that you would like to change, have tried to change, and have failed to change?

Stasi Eldredge knows from experience that loneliness, anger, or a poor self-image can take a toll on your belief that God loves you. In *Becoming Myself*, Stasi talks frankly about her own struggles with her past, her weight, and her self-worth to remind you that you don't have to stay stuck. Shame and fear don't need to be a part of your life. After all, they will never create the growth you long for. Only God can do that.

You are on the way to becoming your true self. Come participate in the transformation God promises as you explore your own story, awaken to your God-given desires, and begin to see yourself as God sees you.

#### About the Author

Stasi Eldredge co-authored *Captivating* with her husband John, which has sold over 1 million copies in the U.S. alone and has changed women's lives all over the world. Director of the women's ministry at Ransomed Heart, Stasi leads *Captivating* retreats in Colorado. Her passion is to see lives transformed by the beauty of the Gospel and an intimate romance with Jesus Christ.

### Users Review

#### From reader reviews:

##### **Marcus Leiva:**

This *Becoming Myself* are reliable for you who want to be described as a successful person, why. The reason of this *Becoming Myself* can be among the great books you must have is definitely giving you more than just simple studying food but feed you with information that possibly will shock your prior knowledge. This book is usually handy, you can bring it everywhere you go and whenever your conditions in the e-book and

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### **Matthew Russell:**

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