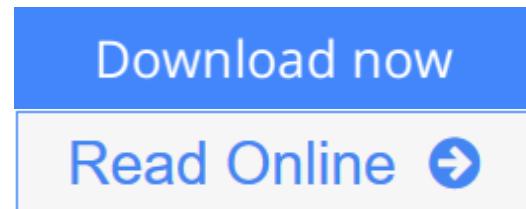


The Wisdom Way of Knowing: Reclaiming An Ancient Tradition to Awaken the Heart

By Cynthia Bourgeault



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"Drawing on resources as diverse as Sufism, Benedictine Monasticism, the Gurdjieff Work, and the string theory of modern physics, Cynthia Bourgeault has crafted her own unique vision of the Wisdom way in this very accessible book, nicely balanced between concept and practice."

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"The spiritual wisdom and practical suggestions in this lively and beautiful book will be helpful to many who find themselves setting out on the interior journey."

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"Cynthia Bourgeault's book is a valuable contribution to the much-needed reawakening of spiritual practice within a Christian context. Her sincerity, good sense, metaphysical depth, and broad experience make her a source to be trusted."

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Editorial Review

Review

"a bold and visionary work." (*Spirituality & Health*, May/June, 2004)

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