



98.6 Degrees (NONE)

By Cody Lundin

Download now

Read Online ➔

98.6 Degrees (NONE) By Cody Lundin

"If you breathe and have a pulse, you NEED this book."

-Cody Lundin

Cody Lundin, director of the Aboriginal Living Skills School in Prescott, Arizona, shares his own brand of wilderness wisdom in this highly anticipated new book on commonsense, modern survival skills for the backcountry, the backyard, or the highway. It is the ultimate book on how to stay alive-based on the principal of keeping the body's core temperature at a lively 98.6 degrees. In his entertaining and informative style, Cody stresses that a human can live without food for weeks, and without water for about three days or so. But if the body's core temperature dips much below or above the 98.6 degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when lost in a blizzard or in the desert could save your life. Lundin delivers the message with wit, rebellious humor, and plenty of backcountry expertise.

Cody Lundin and his Aboriginal Living Skills School have been featured in dozens of national and international media sources, including Dateline NBC, CBS News, USA Today, The Donny and Marie Show, and CBC Radio One in Canada, as well as on the cover of Backpacker magazine. When not teaching for his own school, he is an adjunct faculty member at Yavapai College and a faculty member at the Ecosa Institute. Cody is the only person in Arizona licensed to catch fish with his hands, and lives in a passive solar earth home sixty miles from Prescott, Arizona.

↓ [Download 98.6 Degrees \(NONE\) ...pdf](#)

📖 [Read Online 98.6 Degrees \(NONE\) ...pdf](#)

98.6 Degrees (NONE)

By Cody Lundin

98.6 Degrees (NONE) By Cody Lundin

"If you breathe and have a pulse, you NEED this book."

-Cody Lundin

Cody Lundin, director of the Aboriginal Living Skills School in Prescott, Arizona, shares his own brand of wilderness wisdom in this highly anticipated new book on commonsense, modern survival skills for the backcountry, the backyard, or the highway. It is the ultimate book on how to stay alive-based on the principal of keeping the body's core temperature at a lively 98.6 degrees. In his entertaining and informative style, Cody stresses that a human can live without food for weeks, and without water for about three days or so. But if the body's core temperature dips much below or above the 98.6 degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when lost in a blizzard or in the desert could save your life. Lundin delivers the message with wit, rebellious humor, and plenty of backcountry expertise.

Cody Lundin and his Aboriginal Living Skills School have been featured in dozens of national and international media sources, including Dateline NBC, CBS News, USA Today, The Donny and Marie Show, and CBC Radio One in Canada, as well as on the cover of Backpacker magazine. When not teaching for his own school, he is an adjunct faculty member at Yavapai College and a faculty member at the Ecosa Institute. Cody is the only person in Arizona licensed to catch fish with his hands, and lives in a passive solar earth home sixty miles from Prescott, Arizona.

98.6 Degrees (NONE) By Cody Lundin Bibliography

- Sales Rank: #814739 in eBooks
- Published on: 2003-06-23
- Released on: 2003-06-23
- Format: Kindle eBook

 [Download 98.6 Degrees \(NONE\) ...pdf](#)

 [Read Online 98.6 Degrees \(NONE\) ...pdf](#)

Editorial Review

Review

This outrageously straightforward survival book teaches you what you need to know, now, to live through virtually every survival scenario. (*Los Angeles Daily News* 20030814)

From the Inside Flap

A destined underground classic, 98.6: The Art of Keeping Your Ass Alive is a nonstop thrill ride, jam-packed with commonsense modern survival skills for the backcountry, the backyard, or the highway. Author Cody Lundin, founder and director of the nationally recognized Aboriginal Living Skills School, shares his own brand of wilderness wisdom based on the unique principle of keeping the body's core temperature at a lively 98.6 degrees.

In his no-nonsense and informative style-paired with outrageously hip visuals-Cody stresses that a human can live without food for weeks, and without water for several days. But if the body's core temperature dips much below or above the 98.6-degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when visiting the great outdoors could save your life.

Delivered with wit, rebellious humor, and plenty of backcountry expertise, 98.6: The Art of Keeping Your Ass Alive is destined to not only entertain but to empower the reader with practical advice, information, and detailed instructions of how to create an effective modern-day survival kit using simple, easy-to-find items.

Buy a copy for yourself-and for your grandmother!

From the Back Cover

"If you breathe and have a pulse, you NEED this book."

Cody Lundin

Users Review

From reader reviews:

Robert Hyde:

The book 98.6 Degrees (NONE) can give more knowledge and information about everything you want. Exactly why must we leave the great thing like a book 98.6 Degrees (NONE)? Several of you have a different opinion about book. But one aim this book can give many info for us. It is absolutely correct. Right now, try to closer together with your book. Knowledge or details that you take for that, you are able to give for each other; it is possible to share all of these. Book 98.6 Degrees (NONE) has simple shape however, you know: it has great and large function for you. You can appear the enormous world by available and read a publication. So it is very wonderful.

Michelle Quinn:

Now a day people that Living in the era wherever everything reachable by connect with the internet and the resources inside it can be true or not need people to be aware of each information they get. How individuals to be smart in obtaining any information nowadays? Of course the answer is reading a book. Reading a book can help men and women out of this uncertainty Information specially this 98.6 Degrees (NONE) book since this book offers you rich data and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it everybody knows.

Sophie Clark:

This book untitled 98.6 Degrees (NONE) to be one of several books this best seller in this year, this is because when you read this reserve you can get a lot of benefit onto it. You will easily to buy this kind of book in the book retailer or you can order it by using online. The publisher of this book sells the e-book too. It makes you easier to read this book, because you can read this book in your Cell phone. So there is no reason for your requirements to past this book from your list.

William Rockwood:

People live in this new time of lifestyle always aim to and must have the time or they will get wide range of stress from both lifestyle and work. So , when we ask do people have free time, we will say absolutely of course. People is human not really a huge robot. Then we request again, what kind of activity do you have when the spare time coming to you of course your answer will certainly unlimited right. Then ever try this one, reading ebooks. It can be your alternative with spending your spare time, often the book you have read is usually 98.6 Degrees (NONE).

**Download and Read Online 98.6 Degrees (NONE) By Cody Lundin
#NJQWDZSKX96**

Read 98.6 Degrees (NONE) By Cody Lundin for online ebook

98.6 Degrees (NONE) By Cody Lundin Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 98.6 Degrees (NONE) By Cody Lundin books to read online.

Online 98.6 Degrees (NONE) By Cody Lundin ebook PDF download

98.6 Degrees (NONE) By Cody Lundin Doc

98.6 Degrees (NONE) By Cody Lundin Mobipocket

98.6 Degrees (NONE) By Cody Lundin EPub

NJQWDZSKX96: 98.6 Degrees (NONE) By Cody Lundin