



How to Become a Professional Baseball Player

By Bo Durkac

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The way to becoming a professional ballplayer is not an easy one. So many factors are out of a player's control. He must concern himself with the things he can control and the things he can do to improve his play, and thus give himself at least the chance to succeed. The author of this work draws from his personal experiences and his former teammates' experiences to help the average player make the most of the talent he has and to make smart decisions on and off the field. The book covers the fundamentals and finer points of pitching, fielding, hitting, catching, base running, and playing the outfield. It also covers strength training and conditioning, the importance of good grades to high school and college baseball, catching the attention of coaches and scouts, selecting the right college, playing at the college level, dealing with coaches, parental involvement and support, the draft, and the world of professional baseball.

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How to Become a Professional Baseball Player By Bo Durkac Bibliography

- Sales Rank: #2041236 in Books
- Brand: Brand: Mcfarland n Co Inc Pub
- Published on: 2003-04-07
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x .49" w x 6.06" l, .65 pounds
- Binding: Paperback
- 205 pages

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Editorial Review

Review

"clear"--*True Review*.

About the Author

Bo Durkac is an assistant baseball coach at Illinois State University. Previously, he played professional baseball for seven years, including two years in the Arizona Diamondbacks' organization, and was an assistant coach at the University of North Carolina-Charlotte.

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Mildred Wright:

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