



Handbook of Integrative Clinical Psychology, Psychiatry, and Behavioral Medicine: Perspectives, Practices, and Research

By Roland A. Carlstedt PhD

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This is the long-awaited text on interdisciplinary treatment and assessment of, among other clinical topics, brain-derived behavioral, cognitive, and neurological disorders...."

--Niels Birbaumer, PhD

University of Tübingen, Germany

Member of the German Academy of Sciences, Leopoldina

Gone is the unidimensional approach of the expert summarizing a topic from a single vantage point. Instead, the content shifts laterally, embracing not only interdisciplinary expertise, but an integrative way of thinking that transcends each discipline....What makes the *Handbook* so refreshing is that this cross pollination of ideas and approaches is more than novel theorizing. It offers clinicians a new way forward."

--Anthony Feinstein, MD, MPhil, PhD, FRCP

University of Toronto

To maintain the highest standards, allied health care practitioners must keep pace with evolving trends in diagnostics, interventions, and methodologies. This book supports clinicians by disseminating important perspectives, research, and procedures. It provides an integrative roadmap that fosters interdisciplinary cooperation.

Key Features:

Presents reviews of research on a broad selection of clinical disorders

Includes a wide range of established and emerging diagnostic and intervention

approaches

Discusses viable evidence-based alternative treatment methods

Critiques certain approaches, paradigms, and practices that may need to be revised

Includes contributions from renowned psychologists, psychiatrists, and researchers

Clinicians, researchers, and students will find this book a valuable source for interdisciplinary practice and research. It facilitates a sorely needed move toward integrative practice in an era in which specialization pervades.

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Editorial Review

Review

"The Handbook of Integrative Clinical Psychology, Psychiatry and Behavioral Medicine breaks the established mold of conventional psychiatric and clinical textbooks. Gone is the unidimensional approach of the expert summarizing a topic from a single vantage point. Instead, the content shifts laterally, embracing not only interdisciplinary expertise, but an integrative way of thinking that transcends each discipline. As Roland Carlstedt and his contributors emphasize, advances in neuroscience now afford brain imaging experts and psychoanalysts, to give but one example of seemingly disparate specialities, an opportunity for meaningful discourse. What makes the Handbook so refreshing is that this cross pollination of ideas and approaches is more than novel theorizing. It offers clinicians a new way forward. The arguments, evidence based, are compelling. They are sure to provoke lively debate. But first, the book must be read. I strongly recommend that it is."

--**Anthony Feinstein, MD, MPhil, PhD, FRCP,**

Professor, Department of Psychiatry,

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Toronto <?xml:namespace prefix = o ns = "urn:schemas-microsoft-com:office:office" />

"An authoritative and user-friendly guide to evidence-based practice in clinical psychology, psychiatry and behavioral medicine. Clinicians, researchers, and students seeking comprehensive

guidance on the best available practices should find it immensely helpful. The chapters on critical thinking and research design in particular are refreshing antidotes to the increasing popularity of unsubstantiated treatments in behavioral medicine and allied areas. Highly recommended." **Scott**

--**Lilienfeld, PhD,** Professor of Psychology, Emory University

"The "Handbook of Integrative Clinical Psychology, Psychiatry and Behavioral Medicine" edited by Dr. Roland Carlstedt and including contributions from leading psychologists, psychiatrists and mental health professionals is a very impressive, comprehensive, invaluable resource. It provides very practical, updated, evidence-based information on the major mental health conditions. As such, it should be of great utility to practitioners, students and academicians in the mental health disciplines."

--**Jair C. Soares, MD,**

Professor and Chairman,

University of Texas-Houston Medical School;

Co-Director, University of Texas Center of Excellence on Mood Disorders; Executive Director, Harris County Psychiatric Center

"This is the long awaited text on interdisciplinary treatment and assessment of among other clinical topics, brain-derived behavioral, cognitive and neurological disorders. It includes innovative approaches such as neurofeedback, transcranial magnetic stimulation and behavioral treatments, all of them with proven efficiency in well controlled studies but never before discussed and explained in a comprehensive textbook written by world renowned experts in their field."

--**Niels Birbaumer**, PhD Professor of Behavioral Neurobiology,
University of Tuebingen, Germany
Member of the German Academy of Science, Leopoldina

From the Back Cover
"

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About the Author

Dr. Roland A. Carlstedt is a Licensed Clinical Psychologist, Board Certified Sport Psychologist and Chairman of the American Board of Sport Psychology. He also is the holder of an Applied Psychologist's license. Roland earned his Doctorate (Ph.D.) in Psychology with Honors from Saybrook Graduate School (with emphases in health and sport psychology and psychophysiology) in San Francisco. He has completed post-doctoral continuing education in Psychiatric Neuroscience through Harvard Medical School and received training in the joint Massachusetts General Hospital-Massachusetts Institute of Technology-Harvard Medical School Athinoula A. Martinos Center for Biomedical Imaging Functional Magnetic Resonance

Imagery (fMRI) Visiting Fellowship program. Roland is also a Research Fellow in Applied Neuroscience with the Brain Resource Company. Roland's dissertation on neuropsychological, personality and performance processes in highly skilled athletes (700) from 7 sports (tennis, baseball, softball, basketball, golf, volleyball, and track and field) was the recipient of the American Psychological Association's Division 47 (Exercise and Sport Psychology) 2001 Award for Best Dissertation in Sport Psychology. His dissertation was also nominated for the Society of Neuroscience's Annual 2002 Lindsley Award for Best Dissertation in Behavioral Neuroscience. ated for the Society of Neuroscience's Annual 2002 Lindsley Award for Best Dissertation in Behavioral Neuroscience.

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