



The Ultimate Uncheese Cookbook: Delicious Dairy-Free Cheeses and Classic "Uncheese" Dishes

By Jo Stepaniak

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Enjoy eating and cooking all your favourite cheesy dishes without the cholesterol, animal products and dairy allergies that can be harmful to your health.

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Editorial Review

Review

For this tenth anniversary edition of her popular The Uncheese Cookbook, author Jo Stepaniak has completely revised her acclaimed original recipes and added many new ones. Includes an introduction by Vesanto Melina, RD, on safely eliminating dairy products from the diet.

About the Author

JoAnne Stepaniak is at the forefront of the international movement for compassionate living. She has devoted her life to the study, practice, and advancement of engaged compassion. Her books and articles have been widely published and circulated throughout the world. She is the author of "Being Vegan" and "The Vegan Sourcebook".

Users Review

From reader reviews:

Greg Wilson:

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