



## Nigella Express: 130 Recipes for Good Food, Fast

By Nigella Lawson

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### Nigella Express: 130 Recipes for Good Food, Fast By Nigella Lawson

The Domestic Goddess is back--and this time it's instant. Nigella and her style of cooking have earned a special place in our lives, symbolizing all that is best, most pleasurable, most hands-on, and least fussy about good food. But that doesn't mean she wants us to spend hours in the kitchen, slaving over a hot stove. Featuring fabulous fast foods, ingenious shortcuts, terrific time-saving ideas, effortless entertaining tips, and simple, scrumptious meals, *Nigella Express* is her solution to eating well when time is short. Here are mouthwatering meals, quick to prepare and easy to follow, that you can conjure up after a day in the office or on a busy weekend for family or unexpected guests. This is food you can make as you hit the kitchen running, with vital advice on how to keep your pantry stocked and your freezer and fridge stacked. When time is precious, you can't spend hours shopping, so you need to make life easier by being prepared. Not that these recipes are basic--though they are always simple--but it's important to make every ingredient earn its place, minimizing effort by maximizing taste. Here too is great food that can be prepared quickly but cooked slowly in the oven, leaving you time to have a bath, a drink, talk to friends, or help the children with their homework--minimum stress for maximum enjoyment . . . *Nigella Express* features a new generation of fast food--never basic, never dull, always doable, quick, and delicious. Featuring recipes seen on Food Network's *Nigella Express* series.

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### Editorial Review

#### Review

"Vivid and fresh... we would drive on the left side of the road to get to her molten-chocolate baby cakes."

"Ms. Lawson brings to life the sensual aspects of cooking, helping you understand not only what you are after, but also the pleasure of the journey."

"Nigella is an icon: a smart, sexy woman who promulgates the idea that it might be fun or even relaxing to make time to cook again...In Nigellaworld, the kitchen is not a science lab with rigid rules and formulas to follow. It's a place to play, sometimes with your friends and kids."

#### About the Author

**Nigella Lawson** is the author of *How to Eat*, *How to Be a Domestic Goddess* (for which she won the British Author of the Year Award), *Nigella Bites*, *Forever Summer*, and *Feast*. She has been profiled in the *New York Times Magazine*, *Gourmet*, and many other publications. She lives in London with her two children.

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##### **James Jackson:**

The experience that you get from Nigella Express: 130 Recipes for Good Food, Fast could be the more deep you looking the information that hide within the words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to know but Nigella Express: 130 Recipes for Good Food, Fast giving you joy feeling of reading. The author conveys their point in a number of way that can be understood simply by anyone who read that because the author of this book is well-known enough. That book also makes your personal vocabulary increase well. Making it easy to understand then can go along, both in printed or e-book style are available. We recommend you for having that Nigella Express: 130 Recipes for Good Food, Fast instantly.

##### **Cristen Washington:**

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##### **Donald Noble:**

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**Brandi Johnson:**

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