



Deep Vegetarianism (America In Transition)

By Michael Fox

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Challenging the basic assumptions of a meat-eating society, *Deep Vegetarianism* is a spirited and compelling defense of a vegetarian lifestyle. Considering all of the major arguments both for and against vegetarianism and the habits of meat-eaters, vegetarians, and vegans alike, Michael Allen Fox addresses vegetarianism's cultural, historical, and philosophical background; details vegetarianism's impact on one's living and thinking; and relates vegetarianism to classical and recent defenses of the moral status of animals. Demonstrating how a vegetarian diet is related to our awareness of the world and our ethical outlook on life, Fox looks at the different kinds of vegetarian commitments people make and their reasons for making them. In chapters that address such issues as the experiences, emotions, and grounds that are part of choosing vegetarianism, Fox discusses not only good health, animal suffering, and the environmental impacts of meat production, but such issues as the meaning of food, world hunger, religion and spirituality, and, significantly, the links share between vegetarianism and other human rights movements and ideologies, particularly feminism. In an extensive chapter that addresses arguments made by advocates of meat-eating, Fox speaks to claims of humans as natural carnivores, animals as replaceable, and vegetarians as anti-feminist. He also addresses arguments surrounding the eating habits of indigenous peoples, eating free-range animals, and carnivorous behavior among animals. The most complete examination of the vegetarian outlook to date, *Deep Vegetarianism* reveals the broad range of philosophical views that contribute to such a choice. It recognizes, and calls for, a conscious awareness of -- and an individual responsibility to -- the issues that exist in the moral, political, and social spheres of our existence. With its lively and controversial discussion, *Deep Vegetarianism* promises to appeal to anyone looking to explore the relationship between dietary choice, lifestyle, the treatment of animals and the environment, and personal ethical responsibility. It will also be particularly useful for students and teachers of moral philosophy, ethics, religion, comparative cultures, ecology, and feminism.

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Editorial Review

Review

"Detailed, thorough, and wide-ranging, this is the most comprehensive, original work on philosophical vegetarianism to date. Deep Vegetarianism addresses the cultural, historical and philosophical backgrounds for vegetarianism, details the impact to vegetarianism on one's thinking and living, relates vegetarianism to recent defenses of the moral status of animals, and very ably considers all the significant arguments for and against vegetarianism." -Evelyn B. Pluhar, author of *Beyond Prejudice: The Moral Significance of Human and Nonhuman Animals*

From the Publisher

A compelling argument for a vegetarian lifestyle

From the Inside Flap

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