



# Life, Paint and Passion: Reclaiming the Magic of Spontaneous

*By Michele Cassou, Stewart Cubley*

Download now

Read Online ➔

**Life, Paint and Passion: Reclaiming the Magic of Spontaneous** By Michele Cassou, Stewart Cubley

**Life, Paint And Passion** is a deeply involving approach to using the creative process as a tool for self-discovery. With vibrant and contagious enthusiasm, the authors liberate the reader's urge to create freely and spontaneously, as a painter or an artist in another medium, purely for the process of exploration, not for result.

With eloquence and simplicity, the authors encourage the reader to journey inward toward his or her authentic self and discover the unique intuition awaiting there. It is this intuition that provides all the tools the reader needs to crumble the barrier between the innermost self and its uncensored manifestation.

Through lively interviews with students, the authors explore painting as a practice that facilitates the ecstasy of unfettered expression. With simple brushes, a few dishes of paint, and this book, the reader will be able to coax the hidden self out of the heart and onto a paper.

**Life, Paint And Passion** is the result of nearly thirty years of intensive work with the painting process. It provides powerful insights into the act of creation, a solid base for facing and transcending creative blocks, and brings fresh perceptions and healing to life.

📄 [Download Life, Paint and Passion: Reclaiming the Magic of S ...pdf](#)

📖 [Read Online Life, Paint and Passion: Reclaiming the Magic of ...pdf](#)

# Life, Paint and Passion: Reclaiming the Magic of Spontaneous

*By Michele Cassou, Stewart Cubley*

**Life, Paint and Passion: Reclaiming the Magic of Spontaneous** By Michele Cassou, Stewart Cubley

**Life, Paint And Passion** is a deeply involving approach to using the creative process as a tool for self-discovery. With vibrant and contagious enthusiasm, the authors liberate the reader's urge to create freely and spontaneously, as a painter or an artist in another medium, purely for the process of exploration, not for result.

With eloquence and simplicity, the authors encourage the reader to journey inward toward his or her authentic self and discover the unique intuition awaiting there. It is this intuition that provides all the tools the reader needs to crumble the barrier between the innermost self and its uncensored manifestation.

Through lively interviews with students, the authors explore painting as a practice that facilitates the ecstasy of unfettered expression. With simple brushes, a few dishes of paint, and this book, the reader will be able to coax the hidden self out of the heart and onto a paper.

**Life, Paint And Passion** is the result of nearly thirty years of intensive work with the painting process. It provides powerful insights into the act of creation, a solid base for facing and transcending creative blocks, and brings fresh perceptions and healing to life.

## **Life, Paint and Passion: Reclaiming the Magic of Spontaneous** By Michele Cassou, Stewart Cubley **Bibliography**

- Sales Rank: #311429 in Books
- Brand: Brand: Tarcher
- Published on: 1996-01-03
- Released on: 1996-01-03
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .64" w x 6.98" l, .99 pounds
- Binding: Paperback
- 224 pages



[Download Life, Paint and Passion: Reclaiming the Magic of S ...pdf](#)



[Read Online Life, Paint and Passion: Reclaiming the Magic of ...pdf](#)

## **Download and Read Free Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley**

---

### **Editorial Review**

#### **About the Author**

**Michele Cassou** was born and raised in southern France. As a young adult she moved to Paris where she studied law, literature, and art. Inspired by watching children paint, she discovered a way to express herself spontaneously and without need for conventional training. By her early twenties painting had become her fulltime passion. A unique approach to creativity grew out of her many years of "just painting for herself" and her intense desire to share her work led her to work with other people and to lead groups in the creative process. In 1976 she founded the Painting Experience Studio in San Francisco where she has touched many people's lives through ongoing classes and workshops, as well as in centers throughout the United States. She continues to paint and teach in the San Francisco Bay area.

### **Users Review**

#### **From reader reviews:**

##### **John Cleveland:**

In this 21st century, people become competitive in most way. By being competitive right now, people have do something to make these people survives, being in the middle of often the crowded place and notice by surrounding. One thing that occasionally many people have underestimated this for a while is reading. Yep, by reading a reserve your ability to survive enhance then having chance to stand than other is high. To suit your needs who want to start reading a new book, we give you this specific Life, Paint and Passion: Reclaiming the Magic of Spontaneous book as beginning and daily reading guide. Why, because this book is greater than just a book.

##### **Ann Mickey:**

Do you one among people who can't read gratifying if the sentence chained from the straightway, hold on guys this particular aren't like that. This Life, Paint and Passion: Reclaiming the Magic of Spontaneous book is readable by simply you who hate those straight word style. You will find the facts here are arrange for enjoyable examining experience without leaving also decrease the knowledge that want to provide to you. The writer associated with Life, Paint and Passion: Reclaiming the Magic of Spontaneous content conveys objective easily to understand by many individuals. The printed and e-book are not different in the articles but it just different in the form of it. So , do you still thinking Life, Paint and Passion: Reclaiming the Magic of Spontaneous is not loveable to be your top listing reading book?

##### **Dennis Mock:**

Reading a book to be new life style in this calendar year; every people loves to learn a book. When you read a book you can get a large amount of benefit. When you read guides, you can improve your knowledge, since book has a lot of information into it. The information that you will get depend on what types of book that you have read. In order to get information about your review, you can read education books, but if you

want to entertain yourself you are able to a fiction books, this kind of us novel, comics, and also soon. The Life, Paint and Passion: Reclaiming the Magic of Spontaneous will give you new experience in reading through a book.

**Mary Lewis:**

This Life, Paint and Passion: Reclaiming the Magic of Spontaneous is new way for you who has interest to look for some information as it relief your hunger info. Getting deeper you into it getting knowledge more you know otherwise you who still having little digest in reading this Life, Paint and Passion: Reclaiming the Magic of Spontaneous can be the light food to suit your needs because the information inside that book is easy to get by anyone. These books build itself in the form and that is reachable by anyone, that's why I mean in the e-book contact form. People who think that in reserve form make them feel drowsy even dizzy this book is the answer. So there is no in reading a guide especially this one. You can find actually looking for. It should be here for you. So , don't miss that! Just read this e-book kind for your better life along with knowledge.

**Download and Read Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley  
#461J0XI9ZGS**

# **Read Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley for online ebook**

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley books to read online.

## **Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley ebook PDF download**

**Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Doc**

**Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Mobipocket**

**Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley EPub**

**461J0XI9ZGS: Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley**