



## Edible and Medicinal Plants of the Rockies

By Linda J. Kershaw

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Learn about the edible and medicinal characteristics of 333 of the most common plant species of the Rockies, from Idaho and Montana south to New Mexico. Includes information on how plants were used by both Native Americans and later settlers.

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## **Edible and Medicinal Plants of the Rockies By Linda J. Kershaw Bibliography**

- Sales Rank: #399313 in Books
- Published on: 2000-05-19
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: .65" h x 5.58" w x 8.44" l, 1.03 pounds
- Binding: Paperback
- 272 pages

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### Editorial Review

#### Review

Edible and Medicinal Plants of the Rockies by Linda Kershaw

An important book for those in the Northern and Central Rocky mountain areas as well as other areas in the West. This is a photo-based guide focusing on the identification of wild edible plants. Kershaw's book, like other Lone Pine publications, covers lots of material. Brief descriptions of foods and medicines, often referring to uses by Native American Peoples, are given for each plant.

Like the other books in this section, there is no detailed processing information. This book covers 182 'kinds' of plants using about 350 photographs and 73 illustrations. A 'kind' for instance, is 'all docks', or 'all Oregon Grapes' discussed together. A 'Pictorial Guide', just after the Table of Contents, shows rows and columns of small duplicate pictures of all plants covered in the book for quick reference. Many people love this 'Pictorial Guide' concept in the field because it can help them quickly find the plant they are trying to identify. .... About 20% of the plants covered can be found in various places across North America. Many of the plants covered are not found in other photographic guides. Highly recommended if you are in the Northern and Central Rockies, generally recommended for use in combination with other books as part of a western wild food library.

The last time we checked our associate Amazon.com...

The price was: \$ 13.96

There were 25 pages of the book you could browse

The average reviewer rating was 5 out of 5 stars --Evaluated by John Kallas, Ph.D., Director, Wild Food Adventures 4125 N Colonial Ave, Portland, OR 97217-3338

#### About the Author

LINDA KERSHAW has been an avid naturalist since childhood and focused her studies on botany at the University of Waterloo, earning her master's degree in 1976. Following her education, she has worked as a consultant and researcher in northwestern Canada and as an editor/author in Edmonton, while pursuing her two favorite pastimes -- photography and illustrating.

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