



Complete Linebacking, 2E

By Lou Tepper

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Complete Linebacking is the most comprehensive instructional resource for anyone playing or coaching the position. From skills and drills to game preparation and strategy, the book instructs linebackers and coaches on defending today's high-speed offensive systems and ensuring proper positioning on any given play.

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“Lou Tepper’s knowledge and ability to teach and coach the linebacker position is OUTSTANDING! He is considered one of the best at any level!”

Sean Payton-- Head Coach New Orleans Saints

“This is perhaps the most comprehensive position book ever written, and Lou Tepper is one of the best to have ever coached the position.”

Grant Teaff-- Executive Director American Football Coaches Association

“Lou Tepper is one of the best teachers and defensive minds I’ve ever worked with. His coaching point of ‘see a little, see a lot, see a lot, see a little’ defines the details and focus in his coaching. Winning is in Lou Tepper’s blood. As you turn each page you will become closer to helping young men reach their goals. Enjoy learning linebacker play from one of the finest in football.”

Jeff Quinn-- Head Football Coach State University of New York at Buffalo

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