



Brave Enough

By Cheryl Strayed

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Brave Enough By Cheryl Strayed

National Best Seller

From the best-selling author of *Wild*, a collection of quotes--drawn from the wide range of her writings--that capture her wisdom, courage, and outspoken humor, presented in a gift-sized package that's as irresistible to give as it is to receive.

Around the world, thousands of people have found inspiration in the words of Cheryl Strayed, who in her three prior books and in her "Dear Sugar" columns has shared the twists and trials of her remarkable life. Her honesty, spirit, and ample supply of tough love have enabled many of us, even in the darkest hours, to somehow put one foot in front of the other--and be brave enough.

This book gathers, each on a single page, more than 100 of Strayed's indelible quotes and thoughts--"mini instruction manuals for the soul" that urge us toward the incredible capacity for love, compassion, forgiveness, and endurance that is within us all.

Be brave enough to break your own heart.

You can't ride to the fair unless you get on the pony.

Keep walking.

Acceptance is a small, quiet room.

Romantic love is not a competitive sport.

Forward is the direction of real life.

Ask yourself: *What is the best I can do?* And then do that.

From the Hardcover edition.

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Editorial Review

Review

Cheryl is gritty and honest, more honest than I've ever seen a woman write - *Reese Witherspoon*

Strayed's words have stuck to my heart and won't let go - *Psychologies*

Brutal, honest and zinging, heartfelt, brilliant writing - *Red*

About the Author

CHERYL STRAYED is the author of the international bestseller *Wild: From Lost to Found on the Pacific Crest Trail*, which was the first selection for Oprah's Book Club 2.0 and became an Oscar-nominated film starring Reese Witherspoon; *Tiny Beautiful Things: Advice on Love and Life from Dear Sugar*, a bestseller now the basis of the WBUR podcast "Dear Sugar Radio," co-hosted with Steve Almond; and *Torch*, her debut novel. Her books have been translated into forty languages, and her essays and other writings have appeared in numerous publications. She lives in Portland, Oregon.

Users Review

From reader reviews:

Robin Curtin:

In this 21st millennium, people become competitive in most way. By being competitive currently, people have do something to make these survives, being in the middle of typically the crowded place and notice by surrounding. One thing that occasionally many people have underestimated it for a while is reading. That's why, by reading a reserve your ability to survive increase then having chance to stay than other is high. For you who want to start reading some sort of book, we give you this *Brave Enough* book as beginning and daily reading book. Why, because this book is more than just a book.

Thomas Garcia:

A lot of people always spent their own free time to vacation or even go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity this is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day every day to reading a guide. The book *Brave Enough* it is rather good to read. There are a lot of people that recommended this book. These were enjoying reading this book. In case you did not have enough space bringing this book you can buy the actual e-book. You can more quickly to read this book from the smart phone. The price is not to cover but this book possesses high quality.

Jodie Jennings:

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