



Hemi-Sync Meditation

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Hemi-Sync Meditation By Monroe Products

Discover and explore higher states of consciousness with Hemi-Sync®. The deeply relaxing sound patterns of *Hemi-Sync® Meditation* will gently lead you into powerful, free-flow explorations. Turn inward and connect with higher aspects of your Self with this extraordinary meditative tool. *Hemi-Sync® Meditation* will leave you centered, focused and totally refreshed. (Non-verbal; 45 min.) Mind Food Series

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Editorial Review

About the Author

Monroe Product's binaural beat CDs can help you experience enhanced mental, physical, and emotional states.

Robert Monroe's work inspired an entire industry of mind/brain products. After 50 years of research, and thousands of lab sessions, the internationally acclaimed patented Hemi-Sync® process remains unparalleled in its ability to assist us in harnessing our human potential.

Thanks to the cooperation of notable medical institutions and universities, the scientifically and clinically proven Hemi-Sync® technology continues to be the focus of a variety of specialized research projects. In addition, many therapists, physicians, educators, and other professionals use Hemi-Sync® extensively.

Such research is indispensable in revealing the influence of specific Hemi-Sync® sound patterns on consciousness. Over the years, these efforts have resulted in the development of scores of individual products for specific applications such as focused attention, stress management, meditation, sleep enhancement, and pain management, to name a few.

Users Review

From reader reviews:

Nancy Reese:

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Derek Wire:

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Megan Urick:

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